

Holidaying Packing List for you and your under 5

“Don’t forget to pack these holiday essentials for your under 5 year old, to ensure they are sun protected and ready for their holiday, just as much as you are”.

EN ROUTE	
Sweets and snacks to stop ears popping on planes	<input type="checkbox"/>
Bottled water (dispose of before security)	<input type="checkbox"/>
Bottled milk/ feeding options	<input type="checkbox"/>
Motion-sickness medications: such as paracetamol, plasters and Calpol	<input type="checkbox"/>
Changing Bag with the essentials: wipes, nappies, nappy sacks, changing mat, muslins	<input type="checkbox"/>
Toys for the flight	<input type="checkbox"/>
A change of baby clothes and a change of top for you	<input type="checkbox"/>
Car Seat	<input type="checkbox"/>
Car window shade	<input type="checkbox"/>
Light-weight push chair and push chair shade	<input type="checkbox"/>
Blanket	<input type="checkbox"/>
Baby sling/ carrier	<input type="checkbox"/>
IMPORTANT DOCUMENTS	
Tickets and hotel reservations	<input type="checkbox"/>
Hire car documents	<input type="checkbox"/>
Maps and directions	<input type="checkbox"/>
Passports for all the family	<input type="checkbox"/>
Emergency contact info	<input type="checkbox"/>
Inoculation documents	<input type="checkbox"/>
Address/phone book	<input type="checkbox"/>
Medical insurance card (EHIC)	<input type="checkbox"/>
Travel insurance	<input type="checkbox"/>
Wallet/Purse	<input type="checkbox"/>
Cash (both Sterling and destination currency)	<input type="checkbox"/>
Credit Cards/ Debit Card/ Travellers Cheques	<input type="checkbox"/>
Visas and other relating documents	<input type="checkbox"/>
Driving Licence (card and paper versions)	<input type="checkbox"/>

FOOD ESSENTIALS	
Ready-made formula	<input type="checkbox"/>
Formula powder/ breast pump	<input type="checkbox"/>
Bottles/ teats	<input type="checkbox"/>
Bibs	<input type="checkbox"/>
Jars and tubs of baby food/ food pouches	<input type="checkbox"/>
Snacks e.g. raisins or fruit bars	<input type="checkbox"/>
Hand-held blender	<input type="checkbox"/>
Sterilising equipment	<input type="checkbox"/>
Child cutlery, bowls, cups and plates	<input type="checkbox"/>
TECHNOLOGY	
Phone/tablet/ laptop/Kindle/ iPod/ camera	<input type="checkbox"/>
Memory cards	<input type="checkbox"/>
Batteries (if needed, these should be put in your suitcase not hand luggage)	<input type="checkbox"/>
Chargers	<input type="checkbox"/>
Headphones	<input type="checkbox"/>
Universal plug adapters	<input type="checkbox"/>
GPS and charger	<input type="checkbox"/>
BABY ESSENTIALS	
Arm bands/ pool toys/ pool floats	<input type="checkbox"/>
Dummies	<input type="checkbox"/>
Toddler reins	<input type="checkbox"/>
Beach towels if your hotel doesn't provide them	<input type="checkbox"/>
UVA protection pop up tent	<input type="checkbox"/>
Cot linen	<input type="checkbox"/>
Night light	<input type="checkbox"/>
Changing mat	<input type="checkbox"/>
Baby monitor	<input type="checkbox"/>
Travel Potty	<input type="checkbox"/>
Bath Toys and bath mat	<input type="checkbox"/>
Toys and books for bedtime	<input type="checkbox"/>

TOILETRIES ESSENTIALS	
Pack of nappies, nappy rash cream, nappy bags, wipes, travel changing mat	<input type="checkbox"/>
Swimming nappies	<input type="checkbox"/>
Toothbrushes and toothpaste	<input type="checkbox"/>
Deodorant	<input type="checkbox"/>
Hand sanitiser	<input type="checkbox"/>
Shampoo and Conditioner	<input type="checkbox"/>
Sponge, baby wash, baby shampoo and lotion	<input type="checkbox"/>
Shower Gel	<input type="checkbox"/>
Hairbrush	<input type="checkbox"/>
Moisturiser	<input type="checkbox"/>
Shaving Cream/ razors	<input type="checkbox"/>
Perfume	<input type="checkbox"/>
Makeup/ makeup remover	<input type="checkbox"/>
Tissues	<input type="checkbox"/>
Sun cream (both adults and baby)	<input type="checkbox"/>
After sun	<input type="checkbox"/>
Insect repellent/ after bite for insect bites	<input type="checkbox"/>
First aid kit including pain relief, Calpol etc.	<input type="checkbox"/>
Medicines including prescriptions, Piriton, contraceptives, vitamins etc.	<input type="checkbox"/>
BAGS	
Handbags	<input type="checkbox"/>
Beach bags	<input type="checkbox"/>
Changing bag	<input type="checkbox"/>
Toddler backpacks	<input type="checkbox"/>

CLOTHING	
Cool clothes for baby during the day	<input type="checkbox"/>
Warm clothes for baby (think night time, chilly departure lounges etc.)	<input type="checkbox"/>
Socks	<input type="checkbox"/>
Blankets	<input type="checkbox"/>
Sleep suits	<input type="checkbox"/>
Sun hats	<input type="checkbox"/>
Underwear	<input type="checkbox"/>
Socks	<input type="checkbox"/>
Dressing gown	<input type="checkbox"/>
Shirts/ Tops	<input type="checkbox"/>
Jumpers	<input type="checkbox"/>
Trousers	<input type="checkbox"/>
Dresses	<input type="checkbox"/>
Skirts/ shorts	<input type="checkbox"/>
Jackets/coats	<input type="checkbox"/>
Swimsuits/ sun suits	<input type="checkbox"/>
Shoes (sandals, beach shoes, dress shoes, trainers etc.)	<input type="checkbox"/>
Belts	<input type="checkbox"/>
Jewellery	<input type="checkbox"/>